

City Sports, Inc. Insurance Waiver - Running

I participate at my own risk and understand that running or volunteering in a road race and/or participation in track events are potentially hazardous activities which could cause injury or death. I certify that I am physically fit and have trained sufficiently for the events in which I will participate and am aware of the stresses inherent in that participation. I recognize that I should not enter and run unless I am medically able and properly trained and, by my signature, I certify that I am medically able to perform any event which I enter, am in good health, and am properly trained. I agree to abide by any decision of a club or race official relative to any aspect of my participation in any City Sports event, including the right of any official to deny or suspend my participation for any reason whatsoever.

I assume all risks associated with running, volunteering and otherwise participation in club races and events, all such risks being know and appreciated by me, said risks including but not limited to fall, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road and release City Sports, Inc., any affiliated sponsoring bodies, their agents, employees, representatives and/or affiliated or parent organization and any sponsoring organizations from any and all claims, demands, damages, causes of action, liabilities or expenses of any kind which occur either directly or indirectly as a result of or in connection with my participation in the event, even if such results from negligence, fault or carelessness of the sponsoring organizations.

This release shall be binding upon my heirs, administrators, successors, and assigns and shall inure to the benefit of the successors and assigns of the sponsoring organization. By this release, I fully intend to discharge the said organization from any and all injuries or losses suffered by me while participation in and traveling to and from any event sponsored by City Sports, Inc and its affiliates.

Name _____

Address _____

City _____

State _____ Zip Code _____

Phone _____ Date of Birth _____

E-mail Address: _____

I do not wish to receive email updates from City Sports.

Signature _____ Date _____

Signature of parent or guardian _____ Date _____